

## Winter 2022/2023 Recreational Schedule

Classes begin February 6th

Program Name	Ages	Monday	Tuesday	Wednesday	Thursday	Saturday	Sunday	Program Notes
<b>PARENT AND TOTS</b> 40 MINUTES 9 WEEKS	18 months - 2.5 Years	5:30 - 6:10	10:00 - 10:40 4:45 - 5:25	10:00 - 10:40		9:15 - 9:55 10:00 - 10:40		Parent & Child Participation
<b>TUMBLE TOTS</b> 40 MINUTES 9 WEEKS	2.5 Years - 3.5 Years	4:45 - 5:25	11:00 - 11:40 5:30 - 6:10	11:00 - 11:40 5:00 - 5:40 5:45 - 6:25	11:00 - 11:40	11:00 - 11:40 11:45 - 12:25		Parent & Child Participation
<b>JR KINDERFUN</b> 45 MINUTES 19 WEEKS	3.5 Years - 4.5 years	4:30 - 5:15 6:15 - 7:00	4:30 - 5:15	4:30 - 5:15 5:15 - 6:00	5:45 - 6:30	9:00 - 9:45 9:45 - 10:30 11:30 - 12:15		
<b>SR KINDERFUN</b> 60 MINUTES 19 WEEKS	4 - Years - 5.5 Years	5:15 - 6:15 6:15 - 7:15	5:15 - 6:15 6:15 - 7:15	6:00 - 7:00	4:45 - 5:45	9:00 - 10:00 10:00 - 11:00		
<b>ADVANCED KINDERFUN</b> 60 MINUTES 19 WEEKS	4 - Years - 5.5 Years				5:15 - 6:15	10:30 - 11:30		
<b>JR GIRLS</b> 60 MINUTES 19 WEEKS	6 - 8 years	5:00 - 6:00 5:30 - 6:30 6:00-7:00	6:00 - 7:00 6:30 - 7:30	4:30 - 5:30 6:30 - 7:30	5:00 - 6:00 6:00 - 7:00 7:00 - 8:00	9:15 - 10:15 10:15 - 11:15 12:30 - 1:30	1:00-2:00	
<b>ADV JR GIRLS</b> 90 MINUTES 19 WEEKS	6 - 8 years By recommendation or assessment		4:30 - 6:00	5:00 - 6:30		10:00 - 11:30 12:15 - 1:45 1:45 - 3:15		
<b>SR GIRLS</b> 60 MINUTES 19 WEEKS	8.5 - 12 years	6:30 - 7:30 7:00 - 8:00	7:00 - 8:00	7:00 - 8:00	6:30 - 7:30 7:30 - 8:30	9:15 - 10:15 10:15 - 11:15 12:00 - 1:00		
<b>ADV SR GIRLS</b> 90 MINUTES 19 WEEKS	8.5 - 12 years By recommendation or assessment	7:30 - 9:00	7:30 - 9:00	6:15 - 7:45	7:30 - 9:00	11:15 - 12:45 1:00 - 2:30		
<b>MINI BOYS</b> 60 MINUTES 19 WEEKS	5 - 6.5 Years				5:30 - 6:30 6:15 - 7:15	12:30 - 1:30		
<b>JR BOYS</b> 60 MINUTES 19 WEEKS	7 - 10.5 Years		4:45 - 5:45		5:00 - 6:00 6:15 - 7:15	9:45 - 10:45		
<b>SR BOYS</b> 60 MINUTES 19 WEEKS	11+ Years				7:15 - 8:15	10:45 - 11:45		
<b>TEEN GYM</b> 60 MINUTES 19 WEEKS	12+ Years	8:00 - 9:00						CO - ED Program
<b>TUMBLE &amp; BOUNCE</b> 60 MINUTES 19 WEEKS	7+ Years			7:45 - 8:45		4:00 - 5:00		CO - ED Program
<b>ADULT GYM</b> 90 MINUTES DROP IN	16+ Years		8:00 - 9:30					CO - ED Program
<b>Mini Excel</b> 90 MINUTES 19 WEEKS	Ages 4-6			4:30 - 6:00	4:30 - 6:00	11:30 - 1:00 1:00 - 2:30		By Invitation Only
<b>Boys Excel</b> 90 MINUTES 19 WEEKS	Ages 6 +		5:45 - 7:15			1:30 - 3:00		By Invitation Only
<b>Jr Excel</b> 90 MINUTES 38 WEEKS	Ages 6-8 Years	5:00 - 6:30		5:30 - 7:00		1:00 - 2:30 2:30 - 4:00		By Invitation Only
<b>Sr Excel</b> 90 MINUTES 38 WEEKS	Ages 9+ Years			7:00 - 8:30	6:00 - 7:30	1:00 - 2:30 2:30 - 4:00		By Invitation Only