

## Fall 2023 Recreational Schedule

Classes Begin September 9th

Program Name	Ages	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>PARENT AND TOTS</b> 40 MINUTES 9 WEEKS	18 months - 2.5 Years	5:30 - 6:10	10:00 - 10:40 4:45 - 5:25	10:00 - 10:40	10:00 - 10:40 4:45 - 5:25		8:45 - 9:25 10:30 - 11:10	
<b>TUMBLE TOTS</b> 40 MINUTES 9 WEEKS	2.5 Years - 3.5 Years	4:45 - 5:25	11:00 - 11:40 5:30 - 6:10	11:00 - 11:40 5:00 - 5:40 5:45 - 6:25	11:00 - 11:40 5:30 - 6:10		9:30 - 10:10 11:15 - 11:55	
<b>JR KINDERFUN</b> 45 MINUTES 18 WEEKS	3.5 Years - 4.5 years	4:30 - 5:15 6:15 - 7:00	5:45 - 6:30	4:30 - 5:15 6:15 - 7:00	4:00 - 4:45 5:45 - 6:30		9:15 - 10:00 10:00 - 10:45	
<b>SR KINDERFUN</b> 60 MINUTES 18 WEEKS	4 - Years - 5.5 Years	5:15 - 6:15 6:15 - 7:15	4:45 - 5:45 6:30 - 7:30	5:15 - 6:15 6:30 - 7:30	4:45 - 5:45 6:30 - 7:30		9:00 - 10:00 10:00 - 11:00	
<b>ADVANCED KINDERFUN</b> 60 MINUTES 18 WEEKS	4 - Years - 5.5 Years		6:15 - 7:15		5:15 - 6:15		11:20 - 12:20	
<b>JR GIRLS</b> 60 MINUTES 18 WEEKS	6 - 8 years	5:00 - 6:00 6:00-7:00	5:00 - 6:00 6:00 - 7:00	4:45 - 5:45 6:00 - 7:00	4:45 - 5:45 5:45 - 6:45		9:00 - 10:00 10:00 - 11:00 10:45 - 11:45	
<b>ADV JR GIRLS</b> 90 MINUTES 18 WEEKS	6 - 8 years By recommendation or assessment		5:30 - 7:00	5:45 - 7:15	4:45 - 6:15		9:15 - 10:45	
<b>SR GIRLS</b> 60 MINUTES 18 WEEKS	8.5 - 12 years	7:30 - 8:30	7:00 - 8:00	7:00 - 8:00	7:45 - 8:45		10:00 - 11:00 11:15 - 12:15	
<b>ADV SR GIRLS</b> 90 MINUTES 18 WEEKS	8.5 - 12 years By recommendation or assessment	7:00 - 8:30	7:00 - 8:30	7:15 - 8:45	6:45 - 8:15		12:00 - 1:30	
<b>MINI BOYS</b> 60 MINUTES 18 WEEKS	5 - 6.5 Years		4:30 - 5:30		5:00 - 6:00		9:15 - 10:15 11:15 - 12:15	
<b>JR BOYS</b> 60 MINUTES 18 WEEKS	7 - 10.5 Years				6:00 - 7:00		10:15 - 11:15	
<b>ADV BOYS</b> 90 MINUTES 18 WEEKS	7 - 10 Years		5:00 - 6:30					
<b>SR BOYS</b> 60 MINUTES 18 WEEKS	11+ Years				7:00 - 8:00			
<b>TUMBLE &amp; BOUNCE</b> 60 MINUTES 18 WEEKS	7+ Years						12:30 - 1:30	
<b>ADULT GYM</b> 90 MINUTES DROP IN	16 + Years							
<b>Mini Excel</b> 90 MINUTES 18 WEEKS	Ages 4-6	4:30 - 6:00		4:30 - 6:00		4:30 - 6:00	8:30 - 10:00	
<b>Boys Excel</b> 90 MINUTES 18 WEEKS	Ages 6 +		6:30 - 8:00				12:00 - 1:30	
<b>Jr Excel</b> 90 MINUTES 38 WEEKS	Ages 6-8 Years	6:00 - 7:30		5:45 - 7:15		6:00 - 7:30	10:00 - 11:30	
<b>Sr Excel</b> 90 MINUTES 38 WEEKS	Ages 9+ Years			7:15 - 8:45			11:30 - 1:00	

