

GYMNASTICS

Business up and tumbling

By **ROSEAN O'LEARY**
 Record Staff

Come the Revolution, there will be a new gymnastics club in Waterloo.

There will be gymnastics, but also yoga, summer camps, love yoga, trampolines and a place to hold birthday parties.

Those are the plans. Aaron and Angela Brookeshire have far their new business, the Revolution Gymnastics and Sports Centre, on Tesson Drive in the northwestern of Waterloo.

They are no strangers to gymnastics. Aaron coached national level Cambridge Slips gymnasts up to 2000 when he left for the Scarborough Gymnastics Club.

And his wife, whom he met two years ago at a coaching clinic in Temagami, was an international gymnast who competed in France, Cuba and the United States in the early 1990s.

Angela Brookeshire formerly Stiles' was, and is recently, head coach at the Oakville Gymnastics Centre.

"We want to service the people of Waterloo," Aaron said, dismissing the suggestion they will be competing with K-W Gymnastics Club.

"There's enough people to use our services in Waterloo to bring our club up to capacity."

Aaron said they expect to have more than 100 boys and girls registered for the fall. The goal is to have 300.

"Our intention is more to start from the beginning and help foster a group of little ones right on through all the stages of gymnastics," Aaron said.

They are offering general-fit programs, kindergarten, recreational and pre-competitive programs in the fall.

Pre-camp — preparation for com-



ROSEAN O'LEARY/RECORD STAFF

Aaron and Angela Brookeshire have opened a new club in Waterloo called Revolution Gymnastics and Sports Centre.

petitive gymnastics for girls between five and eight — is so far, so good. They would also like to deliver into classes with a program called Gym for Dancers, to teach more acrobatic elements.

"We'd like to be the artistic sports centre in Waterloo," Aaron said. "That's kind of the plan."

Their 3,000-square-foot facility has an improved pit with 1,000 cubic feet of loose foam and a trampoline.

They are opening without some of the apparatus used in high level gymnastics, but this is just a start.

Somewhere along the way, the Brookesshires hope to prepare gymnasts for international competition.

They are open from 8 a.m. to 4 p.m. Monday to Friday. Tomorrow they will hold an open house from 1 to 4 p.m.

For more information, visit www.revolution.ca or call 746-8005.

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